# **February**





3

17



Did You Know ???



Super Bowl Sunday

## DAILY BREAKFAST CHOICES

Choose up to 2 Grain Choices such as cereal (=1), toast (=1), mini pancakes (=2), glazed dunker (=2)

#### OR

Choose 1 Grain and 1 Meat Choice such as a breakfast sandwich (=1G/1M)

Must choose at least 1:

Fruit or Juice

May Choose 1: Milk

#### **DAILY LUNCH CHOICES:**

Choose 1: Entrée Must choose at least 1:

Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal )

#### **Available Daily:**

Meatless Entrée, Cold Sandwiches, Entrée Salads. Variety of Fruits & Juices

May Choose: 1 Milk;

Low Fat White Milk. Fat Free Chocolate Flavored or Skim Milk

### Mon February 27th is



Visit nutrislice.com for Menu & Nutrition Information



Chicken Biscuit

Chicken Drumstick w/ Hush Puppies Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

**Choose One:** 

 Pizza Variety Choose:

Spinach or Collard Greens Sliced Cucumbers

**Apple Cinnamon Texas Toast** 

**Choose One:** 

Buffalo Chicken Bites w/ Breadstick Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Choose: Seasoned Black Beans Waffle Fries Mixed or Tossed Side Salad

**Choose One:** 

Mandarin Orange Chicken Bowl w Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Egg & Cheese Croissant

 Pizza Variety **Choose:** Stir-Fry Vegetables Sweet Potato Waffle Fries

Fresh Carrots w/ Dip

7 Sausage Biscuit 8 Glazed WG Dunker Bacon, Egg & Cheese Pizza **10** Apple Cinnamon Sausage Stick

#### **Choose One:**

Firecracker Chicken w/ Rice & Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Banana Pancake Minis

 Pizza Variety Choose: Oven Baked Beans Crinkle Oven Fries Fresh Veggie Sticks Choose One:

Featured Entrée: Herb Roasted Chicken with **Buttered Noodles & Roll ◆** 

Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Broccoli Florets Choose:

Choose One:

Chicken & Dutch Waffle Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Green Beans Choose: Mashed Potato w Gravy Sliced Cucumbers

**Choose One:** 

Beef or Pork Tacos w/ Tortillas Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Refried Fiesta Beans Choose: Corn Nibblets Mixed or Tossed Side Salad **Choose One:** 

Cornmeal Fish Strips w/Hush Puppies Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Spinach or Collard Greens Choose: Mixed Vegetables Fresh Carrots w/ Dip

13 Blueberry Bash Mini Waffles 14 Scrambled Egg, Bacon & Biscuit

21

#### Choose One:

General Tso's Chicken w/Rice & Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Choose: Tater Tots

Edamame Blend Fresh Veggie Sticks

**Choose One:** Featured Entrée:

Romaine Side Salad

♦ El Monterey Chicken Soft Taco ♦ Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices Pizza Variety

Choose: **Sliced Carrots** Salsa Cup • Romaine Side Salad Rich's Cinnamon Roll **Choose One:** 

15

Choose:

22

Chicken Nuggets w/ Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Oven Baked Beans Seasoned Curly Fries Sliced Cucumbers

**16** Egg & Cheese Breakfast Taco Choose One:

Barbecue Pork & Cheese Nachos Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

Choose: Broccoli Florets Seasoned Black Beans Mixed or Tossed Side Salad

Apple Cinnamon Texas Toast

Pancake Pup Choose One:

Chicken Broccoli Penne Alfredo w/ Breadstick Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Choose: Mixed Vegetables

Corn Nibblets • Fresh Carrots w/ Dip

20 Professional Development Day No School for Students



Choose One:

Featured Entrée:

Maple Pancake Minis

◆ Tasty Brands Mozzarella **Breadstick Twists ◆** 

**Daily Hot & Cold Sandwich Choices** Daily Entrée Salad & Italian Choices Pizza Variety

Choose: Oven Baked Beans Corn Nibblets • Romaine Side Salad Chicken Biscuit Choose One:

Chicken Drumstick w/ Hush Puppies Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Choose:

Spinach or Collard Greens Sliced Cucumbers

**Choose One:** 

Buffalo Chicken Bites w/ Breadstick Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Choose: Waffle Fries

Seasoned Black Beans Mixed or Tossed Side Salad Egg & Cheese Croissant **Choose One:** 

Mandarin Orange Chicken Bowl w Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

Pizza Variety

**Choose:** Stir-Fry Vegetables Sweet Potato Waffle Fries Fresh Carrots w/ Dip

27 Banana Pancake Minis

Choose One:

Firecracker Chicken w/ Rice & Roll Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices

 Pizza Variety Choose: Oven Baked Beans Crinkle Oven Fries Fresh Veggie Sticks 28 Sausage Biscuit

> **Choose One:** Featured Entrée:

**♦Potato Turbate & Twisted Rip-Stick** 

Daily Hot & Cold Sandwich Choices Daily Entrée Salad & Italian Choices Pizza Variety

Choose:

**Broccoli Florets** Romaine Side Salad February 2nd is Groundhog Day!

It's also known as a woodchuck, whistle pig or marmot. If the groundhog comes out of his burrow and sees his shadow, he will turn around and go back in and there will be 6 more weeks of winter!



All menus a<u>re subject to change.</u>

We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!

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